

# Health Education Curriculum Analysis Tool (HECAT) Training



The **Health Education Curriculum Analysis Tool (HECAT)** is an assessment tool for examining school health education curricula. The **HECAT** can help school districts conduct a clear, complete, and consistent analysis of health education curricula based on the National Health Education Standards and CDC's Characteristics of Effective Health Education Curricula.

The **HECAT** results can help schools select or develop appropriate and effective health education curricula and improve the delivery of health education.

The **HECAT** is customizable to meet local community needs and conform to the curriculum requirements of the state or school district. **HECAT** modules address the following curricula:



- Alcohol and Other Drugs
- Healthy Eating
- Mental and Emotional Health
- Personal Health and Wellness
- Physical Activity
- Safety
- Sexual Health
- Tobacco
- Violence Prevention
- Comprehensive Health Education

**Target Audience:** Curriculum Directors, Administrators, School Board Members, Institutions of Higher Education, Health and Physical Educators, School Nurses, Counselors, Advocates

**Schedule:** The Health Education Curriculum Analysis Training is a face-to-face training and can be tailored to be a 4, 6 or 8 hour course.

**Credit Information:** The Health Education Curriculum Analysis Tool Training is offered for Teacher Renewal Credit through the SD Department of Education at no charge.

**Meals and Accommodations:** The typical training typically includes lunch on-site and a block of motel rooms reserved in the host community. Participants are responsible for making their own reservations and for the room charges. State rates are available.

**Materials:** Participants will receive a binder containing all of the material being covered in the Health Education Curriculum Analysis Tool Training and a South Dakota Health Education Standards Logic Model poster for use in their classroom.

**ADA Disclaimer:** Notice is further given to individuals with disabilities that this training is being held in a physically accessible place. Please notify the Department of Education within two weeks of the training if you have special needs for which this agency will need to make arrangements. The telephone number for making special arrangements is (605) 773-3261. Request for alternative formats and/or interpreters include:

- Disk
- Braille
- Large Print
- Interpreter
- Other Access Request
- Special Dietary Concerns

For additional information contact the Coordinated School Health staff at  
605-773-3261.

To learn more about the HECAT visit:  
<http://www.cdc.gov/HealthyYouth/HECAT/index.htm>



**Coordinated School Health**  
South Dakota Departments of Education and Health  
[healthyschools.sd.gov](http://healthyschools.sd.gov)